

Run for the Reef

10K & 5K AWARDS STRUCTURE

Overall female runner
Overall male runner
Masters runner male and female
Grandmasters runner male and female
Senior grandmasters runner male and female

Overall wheelchair

Overall walker female
Overall walker male
Masters walker male and female
Grandmasters walker male and female
Senior grandmasters male and female

Runners 10K

Age groups male and female

– **First/second/third**

1-19 (10K 19U)

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70-99

Runners 5K Age

groups male and female

– **First/second/third**

1-9

10-14

15-19

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70-99

Walkers 5K

Age groups male and female

– **First only**

1-19

20-29

30-39

40-49

50-59

60-69

70-99